SOHC

SWISS ONCOLOGY & HEMATOLOGY CONGRESS

87 — SCI, SNIO — Joint Session

Fostering Implementation of Exercise and Nutrition in Routine Care by Integrative Oncology?

Thursday, 19 Nov 2026, 1:45 p.m. - 3:15 p.m., Kairo 1-2

Chair: Marie-Estelle Gaignard (Hôpiteaux universitaire Genève), Martin Früh (HOCH Health Ostschweiz)

Introduction: Clinical relevance of Sarcopenia, Malnutrition and emotional Distress in Lung Cancer

Presentation time: 5 min

Speaker: Martin Früh (HOCH Health Ostschweiz)

Nutrition interventions in lung cancer care - tackling both malnutrition and salutogenetic diets

Presentation time: 30 min
Discussion time: 5 min

Speaker: Florian Strasser (Kantonsspital St. Gallen & Cancer Fatigue Clinic)

Behaviour Change in Cancer Care: Translating Lifestyle Recommendations into Practice

Presentation time: 30 min
Discussion time: 5 min

Speaker: Denis Pfeiffer

Integration of Integrative Oncology in Cancer Care - The SNIO perspective

Presentation time: 5 min

Speaker: Marie-Estelle Gaignard (Hôpiteaux universitaire Genève)

Discussion and Conclusion

Discussion time: 10 min